I claim:

1. A solid dosage form that facilitates swallowing comprising a gelatinous hydrated polymeric matrix, one or more active ingredients and optionally one or more excipients.

2. The solid dosage form of Claim 1 wherein the polymeric matrix is a gel.

3. The dosage form of Claim 2 wherein the hydrated gel is hydrated type A gelatin with a bloom value from 0 to 250

4. The dosage form of Claim 2 wherein the hydrated gel is hydrated type B gelatin with a bloom value from 0 to 250.

5. The dosage form of Claim 1 wherein the polymeric matrix is an easily hydrated pharmaceutically acceptable polymer.

6. The dosage form of Claim 5 wherein the polymeric matrix is hydroxypropyl cellulose.

7. The dosage form of Claim 5 wherein the polymeric matrix is hydroxymethyl cellulose.

8. The dosage form of Claim 5 wherein the polymeric matrix is polyethylene oxide.

9. The dosage form of Claim 5 wherein the polymeric matrix is pectin.

10. The dosage form of Claim 5 wherein the polymeric matrix is hyaluronic acid.

11. The dosage form of Claim 5 wherein the polymeric matrix is agar.

12. The dosage form of Claim 1 wherein an optional excipient is a flavoring agent.

13. The dosage form of Claim 1 wherein an optional excipient is a salivation inducing agent.

14. The dosage form of Claim 1 wherein an optional excipient is an olfactory agent.

15. The dosage form of Claim 1 wherein an optional excipient is a preserving agent.

16. The dosage form of Claim 1 wherein an optional excipient is a chemical modifying agent such as pH or solubility.

17. A method of administering an active ingredient to a patient who has a swallowing problem associated with dysphagia comprising administering to the patient a dosage form of Claim 1.

18. A method of administering an active ingredient to a pediatric patient who has swallowing difficulties due to physical disorders such as an underdeveloped or small throat comprising administering to the patient a dosage form of Claim 1.

19. The dosage form of Claim 1 wherein at least one of the active ingredients is a therapeutic chemical, a mineral or vitamin.

20. The dosage form of Claim 19 wherein the therapeutic chemical is a mineral or vitamin are selected from the group comprising: ascorbic acid (vitamin C), calcium carbonate, dl-alpha-tocopherol acetate (vitamin E), magnesium oxide, ferrous fumarate, niacinamide, zinc oxide, calcium pantothenate, pyridoxine HCl (vitamin B6), riboflavin (vitamin B2), thiamin mononitrate (vitamin B1), cupric oxide, vitamin A acetate, vitamin D, beta-carotene,

chromium chloride, biotin, folic acid, potassium iodide, sodium molybdate, sodium selenate, phytonadione (vitamin K1), sodium metavandate, nickelous sulfate, sodium aluminum silicate, cyanocobalamin (vitamin B12), stannous chloride.

21. The dosage form of Claim 1 wherein at least one of the active ingredients is an extract from a plant.

22. The dosage form of Claim 21 wherein the plant is selected from the group comprising: echinacea, Ginseng root extract, Ginkgo Biloba, St. Johns Wort.

23. The dosage form of Claim 1 wherein at least one of the active ingredients is a non-prescription drug.

24. The dosage form of Claim 23 wherein the non-prescription drug is selected from the group comprising: acetaminophen, captopril, diltiazem, nifedipine, dicyclomine, alprazolam, amitriptyline, clomipramine, propranolol hydrochloride, labetalol, allopurinol, metformin, atenolol, potassium chloride, lithium, levothyroxine sodium, Ibuprofen, estrogen, and acetyl salicylic acid.

25. The dosage form of Claim 1 wherein at least one of the active ingredients is a prescription drug.

26. The dosage form of Claim 25 wherein the prescription drug has indications is selected from the group comprising: Anemia, Anesthesia, Angina, Angioplasty, Antibiotic, Anti-coagulant, Anti-fungal, Arrhythmia, Cancer, Contraceptive, Cystic Crohn's Disease, Fibrosis, Growth hormone deficiency, Hemophilia, Heart attack, Hepatitis, Macular degeneration, Meningococcal meningitis, Multiple Sclerosis, Pulmonary hypertension, Rheumatoid Arthritis and Thrombosis.

26. A variably thickened therapeutic agent composition suitable for oral administration to a subject comprising a uniformly distributed biologically

active agent, water and at least one hydrogel-forming component, wherein the composition does not release the biologically active agent in the mouth and that facilitates swallowing.

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